

Physical Literacy: Moving to Learn

WHAT SKILLS ARE BEING LEARNED?

► English Language Arts

- talks about experiences similar or related to those in texts
- asks and answers questions to determine what the class knows about a topic
- uses appropriate words, phrases and statements with adults and peers when speaking and listening, sharing and taking turns

► Mathematics

- describes the relative position of 3D objects, using such words as: over, under, beside, between, inside, outside
- arranges objects in order of size, by length or by height
- uses the words heavier or lighter to talk about the mass/weight of two objects
- recognizes and reproduces a pattern
- extends and creates a pattern

► Community and Environmental Awareness

- becomes aware of the relationship between cause and effect
- begins to recognize that there are choices about how to express feelings
- identifies some body parts and describes the function of each
- expresses preferences and identifies likes and dislikes

► Personal and Social Responsibility

- learns to express and accept positive messages
- begins to deal with frustration appropriately
- gets to and from destinations within the school
- experiences different roles in a variety of physical activities
- displays a willingness to play alongside others
- identifies and demonstrates etiquette and fair play

► Physical Skills and Well-Being

- experiences and develops locomotor skills
- experiences educational gymnastics
- experiences and develop non-locomotor skills
- participates with effort in physical activities
- makes choices to be involved in a variety of movement experiences

► Creative and Cultural Expression

- explores and experiments with patterns, movement, rhythm, sound and music
- participates in action songs, singing games and poems
- experiences body awareness during dance activities
- responds to the beat in music through movement and repetitive, rhythmic actions

"I am learning...to retell the story "Grandpa Dan's Toboggan Ride" through drama.

"I am learning...to identify objects by size through hands on exploration in the pumpkin patch.

"I am learning...about the characteristics of zoo animals through movement and song.

Guiding Principles for Primary Programs

- Principle 1: Childhoods differ depending on social and cultural circumstances
- Principle 2: Children's development is influenced but not determined by their early experiences
- Principle 3: Children interact and learn in a variety of contexts
- Principle 4: Children are co-constructors of knowledge and partners in learning
- Principle 5: Children are unique and active contributors to their learning
- Principle 6: Children construct and represent knowledge in a variety of ways
- Principle 7: Children are citizens and active participants in school and society
- Principle 8: Children are active collaborators in and users of assessment