**Recommended Videos**

Self Regulation Video

<http://developingchild.harvard.edu/science/key-concepts/executive-function/>

Building Better Brains- Alberta Family Wellness Initiative

<http://www.albertafamilywellness.org/building-better-brains>

List Titles

BC Full Day Kindergarten Exemplar Videos

<https://www.youtube.com/watch?v=vwU07NFMqKA>

Hand in Hand Strategies to support play-based learning

<https://www.youtube.com/watch?v=eIibN10XQwU>

The Role of Play in the Overly-Academic Classroom

<https://www.youtube.com/watch?v=_jK-jC2__Fw>

The Importance of Play

<https://www.youtube.com/watch?v=vnH4Ijen7OI>